

LANCASTER

** GLUTEN FREE MENU **

GLUTEN-FREE** ALCOHOLIC DRINKS- Redbridge, Omission IPA** & Angry Orchard Crisp Apple Cider

STARTERS

- Seared Ahi Tuna \$13.5 - *request Light soy sauce. There may be trace amounts of flour particles in fry oil. Severe allergies should avoid.*
- Twisted Shrimp \$10.9 – *request no panko breading. There may be trace amounts of flour particles in fry oil. Severe allergies should avoid.*
- Sweet & Spicy Island Wings \$11.7 - *There may be trace amounts of flour particles in fry oil. Severe allergies should avoid.*
- Roadside Sliders \$10.5 – *request no bun & no frizzled onions*

SALAD ENTREES

- Field Green or Caesar Salad \$9.5 – *request no croutons*
- Crispy Noodle Chicken Salad \$14.5 - *request no peanut sauce and crispy noodles*
- Tower of Cobb \$15.5
- Southern Salad \$14.9 – *request no croutons or tenders. Add a hot 6oz grilled chicken breast.*
- Apple Walnut Salad \$14.9
- Vegetable Platter \$13.9 – *request no garlic toast, black beans & garlic butter dipping sauce*
- Dressings: Honey Lime Vinaigrette, Bleu Cheese, Caesar, Traditional Vinaigrette, Strawberry Vinaigrette, 1000 Island , Apple Vinaigrette, Garlic Peppercorn Ranch, Honey Mustard, Lo-Cal Italian (contains yeast), Thai*

CHOICE MEATS

- 8oz Filet Oscar \$33.4 – *request no sauce*
- 6oz Filet Oscar \$29.9 – *request no sauce*
- Prime Rib \$25.5 – *have it heated in oven, NOT in au jus & with no side of au jus*
- Cajun Ribeye \$25.3
- Strip Steak \$25.7
- 8oz Filet Mignon \$27.4 6oz Filet Mignon \$23.9

PASTA AND FRESH FISH

- THESE PASTAS ARE MADE WITH A CORN GLUTEN FREE FUSILLI PASTA
- Shrimp Pasta Sauté \$19.4 – *request Gluten-free pasta*
- Chicken Bruschetta Pasta \$19 – *request no bread crumbs & Gluten-free pasta*
- Roasted Vegetable Pasta \$18.4 - *request no bread crumbs & Gluten-free pasta*
- Crab Alfredo Pasta \$19.4 – *request no garlic cream sauce & Gluten-free pasta*
- Grilled Chicken Marsala \$18.25 – *request no sauce & Gluten-free pasta*
- Salmon Oscar \$28.9 – *request no sauce*
- Grilled Salmon or Cajun Salmon \$22.9
- Dinner Tilapia \$20.9
- Grilled Shrimp & Scallops \$22.5

CHICKEN-N-RIBS

- Chicken Oscar \$21.5 – *request no sauce*
- Chicken-N-Ribs Combo \$19.9
- Baby Back Ribs \$23.9
- ½ Rack Baby Back Ribs \$17.5
- Smoked Pulled Pork \$16.9 - *request no corn bread*

** Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of foodborne illness
**Omission beer is fermented from grains containing gluten and crafted to remove gluten, the gluten content cannot be verified

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HAND HELDS

- Cheeseburger \$12.5 – *request no bun or a Gluten-free bun for an additional \$1*
Cajun Chicken Sandwich \$12.5 – *request no bun or a Gluten-free bun for an additional \$1*
Prime Rib Sandwich \$14.5 – *NOT heated in au jus & with no side of au jus.*
Also, request no bun or a Gluten free bun for an additional \$1
Pulled Pork Sandwich \$11.9- *request no bun or a Gluten-free bun for an additional \$1*
Grilled Tilapia Sandwich \$11.9- *request no bun or a Gluten-free bun for an additional \$1*
Twisted Burger \$12.5- *request no frizzled onions & no bun or a Gluten Free bun for an additional \$1*
Baja Fish Tacos \$14.5 – *request no flour tortillas or request corn tortillas*
Chicken Ciabatta \$12.5- *request no bun or a Gluten-free bun for an additional \$1*

MISCELLANEOUS ADD-ONS

- Sautéed mushrooms and / or onions \$3
2 Skewers of Grilled Marinated Filet Tips \$6.9/Hot Grilled Chicken Breast \$4.5/Cajun Shrimp Skewer \$5.5

HOUSE SIDES

- French Fries or House Made Chips \$2.5 – *There may be trace amounts of flour particles in fry oil.*
Severe allergies should avoid
Cole Slaw Garlic Whipped Potatoes Baked Beans Brown Rice Mandarin Oranges (Each is \$2.5)

PREMIUM/DELUXE SIDES

- Caesar or Field Green salad \$5.5 – *request no croutons*
Green Beans Almondine \$4.5
Asparagus \$5.5
Steamed Broccoli \$4.5
Baked Potato (after 4 p.m. except on Sundays which is all day) \$4.5

DESSERTS

- Flourless Double Chocolate Brownie –\$6.5
Ice Cream Sundae \$6.5
Scoop of Ice Cream \$1.49
Chocolate or Chocolate Peanut Butter Mousse \$2.75/\$2.5/2.25

KIDS MENU

- Mini Dogs (2) \$6 – *request no bun or put them on a Gluten-free bun for an additional \$1*
Cheeseburger \$6 – *request no bun or a Gluten-free bun for an additional \$1*
Chicken Sandwich \$6 – *request no bun or a Gluten-free bun for an additional \$1*
Mac & Cheese \$6.75 – *request Gluten free pasta*
Tilapia \$6
Pizza Mini's \$7 – *request Gluten-free bun (will receive 2 mini pizzas)*

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