

# LANCASTER

## \*\* GLUTEN FREE MENU \*\*

GLUTEN-FREE\*\* ALCOHOLIC DRINKS- Redbridge, Omission IPA\*\* & Angry Orchard Crisp Apple Cider

### STARTERS

- Seared Ahi Tuna \$13.5 - *request Light soy sauce. There may be trace amounts of flour particles in fry oil. Severe allergies should avoid.*
- Twisted Shrimp \$10.7 - *request no panko breading. There may be trace amounts of flour particles in fry oil. Severe allergies should avoid.*
- Sweet & Spicy Island Wings \$10.9 - *There may be trace amounts of flour particles in fry oil. Severe allergies should avoid.*
- Roadside Sliders \$10.5 - *request no bun & no frizzled onions*

### SALAD ENTREES

- Field Green or Caesar Salad \$9 - *request no croutons*
- Crispy Noodle Chicken Salad \$13.9 - *request no peanut sauce and crispy noodles*
- Tower of Cobb \$14.9
- Southern Salad \$14.5 - *request no croutons or tenders. Add a hot 6oz grilled chicken breast.*
- Apple Walnut Salad \$14.5
- Vegetable Platter \$13.9 - *request no garlic toast, black beans & garlic butter dipping sauce*
- Dressings: Honey Lime Vinaigrette, Bleu Cheese, Caesar, Traditional Vinaigrette, Strawberry Vinaigrette, 1000 Island, Apple Vinaigrette, Garlic Peppercorn Ranch, Honey Mustard, Lo-Cal Italian (contains yeast), Thai*

### CHOICE MEATS

- 8oz Filet Oscar \$31.7 - *request no sauce*
- 6oz Filet Oscar \$28.2 - *request no sauce*
- Prime Rib \$23.9 - *have it heated in oven, NOT in au jus & with no side of au jus*
- Cajun Ribeye \$23.9
- Strip Steak \$24.7
- 8oz Filet Mignon \$25.7      6oz Filet Mignon \$22.2

### PASTA AND FRESH FISH

- THESE PASTAS ARE MADE WITH A BROWN RICE GLUTEN FREE PENNE PASTA
- Shrimp Pasta Sauté \$17.9 - *request Gluten-free pasta*
- Chicken Bruschetta Pasta \$17.5 - *request no bread crumbs & Gluten-free pasta*
- Roasted Vegetable Pasta \$16.9 - *request no bread crumbs & Gluten-free pasta*
- Crab Alfredo Pasta \$17.9 - *request no garlic cream sauce & Gluten-free pasta*
- Grilled Chicken Marsala \$17 - *request no sauce & Gluten-free pasta*
- Salmon Oscar \$27.9 - *request no sauce*
- Grilled Salmon or Cajun Salmon \$21.9
- Dinner Tilapia \$18.9

### CHICKEN-N-RIBS

- Chicken Oscar \$20.9 - *request no sauce*
- Chicken-N-Ribs Combo \$19.9
- Baby Back Ribs \$23.5
- ½ Rack Baby Back Ribs \$16.9
- Smoked Pulled Pork \$16.9 - *request no corn bread*

\*\* Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of foodborne illness  
\*\*Omission beer is fermented from grains containing gluten and crafted to remove gluten, the gluten content cannot be verified

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### HAND HELDS

Cheeseburger \$11.9 – *request no bun or a Gluten-free bun for an additional \$1*

Cajun Chicken Sandwich \$11.9 – *request no bun or a Gluten-free bun for an additional \$1*

Prime Rib Sandwich \$13.7 – *NOT heated in au jus & with no side of au jus.*

*Also, request no bun or a Gluten free bun for an additional \$1*

Pulled Pork Sandwich \$10.9- *request no bun or a Gluten-free bun for an additional \$1*

Grilled Tilapia Sandwich \$10.9- *request no bun or a Gluten-free bun for an additional \$1*

Twisted Burger \$11.9- *request no frizzled onions & no bun or a Gluten Free bun for an additional \$1*

Baja Fish Tacos \$13.9 – *request no flour tortillas or request corn tortillas*

Chicken Ciabatta \$11.9- *request no bun or a Gluten-free bun for an additional \$1*

### MISCELLANEOUS ADD-ONS

Sautéed mushrooms and / or onions \$3

2 Skewers of Grilled Marinated Filet Tips \$6.9/Hot Grilled Chicken Breast \$4.5/Cajun Shrimp Skewer \$5.5

### HOUSE SIDES

French Fries or House Made Chips \$2.5 – *There may be trace amounts of flour particles in fry oil.*

*Severe allergies should avoid*

Cole Slaw    Garlic Whipped Potatoes    Baked Beans    Brown Rice    Mandarin Oranges    (Each is \$2.5)

### PREMIUM/DELUXE SIDES

Caesar or Field Green salad \$5.5 – *request no croutons*

Green Beans Almondine \$4.5

Asparagus \$5.5

Steamed Broccoli \$4.5

Baked Potato (after 4 p.m. except on Sundays which is all day) \$4.5

### DESSERTS

Flourless Double Chocolate Brownie –\$6.5

Ice Cream Sundae \$6.5

Scoop of Ice Cream \$1.49

Chocolate or Chocolate Peanut Butter Mousse \$2.5/\$2.25/2

### KIDS MENU

Mini Dogs (2) \$6 – *request no bun or put them on a Gluten-free bun for an additional \$1*

Cheeseburger \$6 – *request no bun or a Gluten-free bun for an additional \$1*

Chicken Sandwich \$6 – *request no bun or a Gluten-free bun for an additional \$1*

Mac & Cheese \$6.5 – *request Gluten free pasta*

Tilapia \$6

Pizza Mini's \$7 – *request Gluten-free bun (will receive 2 mini pizzas)*

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